

# Making an emergency kit

Disasters can happen anywhere in Victoria. As disabled young people, it's important to know what to do in the event of a disaster. To best prepare you and your household, you should have an emergency kit.

## What is an emergency kit?

An emergency kit is a **pack of the most important things you will need to take if you have to leave your house in an emergency.**

Your family, friends, or support workers can help you make your kit.

You should keep your emergency kit somewhere you can easily get to it.



## What should I have in my emergency kit?

Your emergency kit should include:

- **Water and snacks, spare clothes, first aid kit**
- **Important documents** such as your passport or birth certificate
- **Items to help you stay calm**
- **Items you need because of your disability.** For example, a wheelchair charger, hearing aids or communication boards

If you have **pets** or a **service animal**, include things that they might need such as:

- food
- a waterbowl
- blankets
- a leash
- paperwork to show that you have a service animal

You can also put some items into waterproof bags in a container to keep them extra safe. For example, your phone, charger or other devices.

To learn more about how to prepare for a disaster visit [www.YACVic.org.au/disaster-hub](http://www.YACVic.org.au/disaster-hub)